



Dramatherapy and Destructiveness: Creating the Evidence Base, Playing with Thanatos

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Dramathery uses the healing aspects of drama and theatre as part of the therapeutic process and is increasingly required to supply evidence of its effectiveness. This book aims to provide an evidence base for practice with destructive clients, and raise the profile of dramathery as a distinct therapeutic intervention in this field.

Dramathery and Destructiveness discusses working with those suffering from conduct disorders, mood disorders, schizophrenia and personality disorders. Divided into three parts, topics of discussion include:

- theory and research underpinning the understanding of working with destructiveness
- in-depth case studies of dramathery with a wide range of clients
- analysis and evaluation of the evidence base for dramathery with these clients
- guidelines for best practice

Dramathery and Destructiveness covers a wide range of client groups, settings, methods and therapeutic approaches. As well as being an invaluable resource for dramatherapists, this book will be of interest to other therapists, health professionals, social workers, teachers and artists.

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