



A Casebook of Cognitive Therapy for Psychosis

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This book is a unique volume in which leading clinicians and researchers in the field of cognitive therapy for psychosis illustrate their individual approaches to the understanding of the difficulties faced by people with psychosis and how this informs intervention.

Chapters include therapies focused on schizophrenia and individual psychotic symptoms such as hallucinations and delusions (including paranoia). Beck's original case study of cognitive therapy for psychosis from 1952 is reprinted, accompanied by his 50-year retrospective analysis. Also outlined are treatments for:

- bipolar disorder
- dual diagnosis
- schema-focused approaches
- early intervention to prevent psychosis
- adherence to medication

This book will be useful to clinicians and researchers alike, and will be an invaluable resource to mental health practitioners working with individuals experiencing psychosis.



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