



Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge

Mary Ann McDonnell, Janet Wozniak

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The Definitive Resource on How to Identify, Treat, and Live with a Bipolar Child

More than three million American children suffer from some form of bipolar disorder, a life-impairing illness that can cause wild mood swings and even episodes of rage. But as a parent, can you tell the difference between a tempermental, moody child and one facing serious mental illness? Where do you turn if your child's tantrums and meltdowns are wreaking havoc? For families as well as professionals, here is the only book on early-onset bipolar disorder written by pediatric specialists who combine clinical care and research.

Health experts once thought bipolar disorder, also known as manic depression, did not exist in children and teens. However, leading experts like Janet Wozniak and Mary Ann McDonnell have shown that the illness may appear even before age six, with many cases either undiagnosed or misdiagnosed as Attention Deficit Hyperactivity Disorder (ADHD). Now, in the most complete and authoritative guide yet, Janet Wozniak, M.D., and psychiatric nurse Mary Ann McDonnell offer their unmatched expertise along with the latest information on this difficult condition.

Drawing from their professional experience and sharing stories of families in their practices, the authors guide you in how to:

- Navigate the "diagnosis tangle" to ensure accurate identification of the disorder
- Communicate effectively with doctors, teachers, and counselors
- Find allies and choose a treatment team
- Help your family cope

In a rapidly changing field, **The Bipolar Disorder** clearly explains what researchers know, what they suspect, and where studies now point. From medication to coping strategies, this accessible book offers inspiration, encouragement, and invaluable wisdom for all involved.

From the Hardcover edition.

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Ethel Fung:

Book is to be different for each and every grade. Book for children until eventually adult are different content. As we know that book is very important normally. The book Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge ended up being making you to know about other information and of course you can take more information. It is extremely advantages for you. The publication Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge is not only giving you far more new information but also to become your friend when you feel bored. You can spend your own spend time to read your reserve. Try to make relationship with all the book Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge. You never experience lose out for everything if you read some books.

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Alva Stephenson:

Is it anyone who having spare time after that spend it whole day through watching television programs or just lying down on the bed? Do you need something totally new? This Positive Parenting for Bipolar Kids: How to Identify, Treat, Manage, and Rise to the Challenge can be the reply, oh how comes? A book you know. You are consequently out of date, spending your extra time by reading in this fresh era is common not a nerd activity. So what these publications have than the others?

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