



Más allá de los límites: Cómo aprender a confiar de nuevo (Spanish Edition)

John Townsend

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¿Cómo saber si estás listo para confiar otra vez... y qué necesitas para estarlo? Hay malas relaciones que traicionan nuestra confianza, haciendo que nos neguemos a comenzar otras. Sin embargo, Dios nos creó para experimentar la libertad de amar, y en algún momento tendremos que arriesgarnos de nuevo. En este innovador libro innovador, el exitoso autor John Townsend te sacará del dolor del pasado para descubrir cómo volver a tener confianza en tus relaciones. Tanto si tratas de restaurar una relación, o de comenzar otra, Townsend te proporciona herramientas prácticas para restablecer tu confianza. «Más allá de los límites» te ayudará a reconstruir lazos; a discernir los cambios verdaderos; a establecer vínculos adecuados y a crear un ambiente seguro en el cual puedas restaurar de manera saludable tus relaciones. «Más allá de los límites» te enseñará a hacerlo.

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