



Effective Treatments in Psychiatry (Cambridge Pocket Clinicians)

Peter Tyrer

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This is a book of psychiatry at its most practical level. It answers the sorts of questions psychiatrists ask on a daily basis. What treatments are available for the condition this patient has? What is the evidence for the effectiveness of each of these treatments? Is there any value in combinations of treatment? And, can I be sure that the evidence and recommendations are free from bias? This handy pocket reference summarises the key elements of the Cambridge Textbook of Effective Treatments in Psychiatry. The text has been revised to provide the most up-to-date evidence for treatment decisions, with an accompanying summary table for each chapter to reinforce the recommendations. It is an essential guide for mental health professionals of all disciplines as well as medical students and trainees.



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