



Bioactive Dietary Factors and Plant Extracts in Dermatology (Nutrition and Health)

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The role of *Bioactive Dietary Factors and Plant Extracts in Preventive Dermatology* provides current and concise scientific appraisal of the efficacy of foods, nutrients, herbs, and dietary supplements in preventing *dermal damage* and *cancer* as well as improving skin health. This important new volume reviews and presents new hypotheses and conclusions on the effects of different bioactive foods and their components derived particularly from vegetables, fruits, and herbs. Primary emphasis is on treatment and prevention of dermal damage focusing on skin cancers with significant health care costs and mortality. *Bioactive Dietary Factors and Plant Extracts in Preventive Dermatology* brings together expert clinicians and researchers working on the different aspects of supplementation, foods, and plant extracts and nutrition and skin health. Their expertise provides the most current knowledge in the field and will serve as the foundation for advancing future research.

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