



Master Your Memory with Dr. Amazing: How Not to Forget

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AN EXAMPLE OF HOW MUCH SIMPLER DR. AMAZING'S MEMORY SYSTEMS ARE THAN THOSE ESPOUSED BY CONTEMPORARY MNEMONISTS.

TELEPHONE NUMBERS

In his book, *How to Develop a Super Power Memory*, "Harry Lorayne in 1957 proposed hooking together picture words which represented the sets of digits.

"Let's say that you wanted to remember that Mr. Silverberg's phone number was JU 6-9950. You might "see" a picture of a shiny silver iceberg sitting in a court room as a judge (JU 6) smoking a gigantic pipe that's covered with lace!"

Lorayne also divided the trunk line into two sets of two digits: 99 = pipe and 50 = lace. He did recognize the need to tie the phone number to Mr. Silverberg. The problem with his proposal was that it was difficult to determine which came first - the pipe or the lace. He called it his "fly in the ointment." His proposal required the use of three picture words to be hooked up to the picture words representing the name of the person. This is not easy to do.

To reduce the number of hooks, Lorayne suggested using only one word to represent all four digits of the trunk line. But we know how difficult it is to find 4-digit words.

Today, with our longer phone numbers, the use of a hook system is a near impossibility. I'll show why.

The following is an illustration from Bob Burg's *The Memory System*, published in 1992. He calls it a chain link method, but it is the same series of hooks Lorayne used 35 years earlier. Only in 1992 there were three additional digits in a phone number.

"The next telephone number you need to remember belongs to your accountant, Bruce Strauss; it is 215-5332. In beginning your Chain Link, you could use an adding machine to remind you that his number is for your accountant. In this case, however, he is also a friend, so you want to lock in his number by way of his name. The name Strauss itself does not present a mental picture, does it? Let's use the Soundalike mouse. That sounds enough like Strauss to remind you of his true name, doesn't it? For the prefix 215, you can use noodle (nu, duh and luh). Of course, you could also use natal, needle or anything that would fit... The next step is to remember the four numbers, lime (53) and moon (32). Now, associate mouse with noodle. See this mouse sneaking his way into a bowl of noodles. In fact, there is one noodle that looks particularly good. You feel the mouse needs to add something to make the noodle taste even better. That's right, some lime (53). See this mouse squirting a sour-tasting lime on that noodle. Now, wanting true dining atmosphere, our squeaky hero goes outside, taking with him this noodle sprayed with lime so he can eat it under the moon (32) light. Bruce Strauss' telephone number is 215-5332."

Isn't that enough to make you vomit? What sane person would ever go through that mumbo jumbo to recall a phone number? And, Burg didn't even integrate the area code into his chain link!

THE DR. AMAZING METHOD

Example: John Adam's phone number is 213-965-0705.

It should be visualized as: 213 965 07 05.

Available words in Dr. Amazing's Dictionary of Word/Number Conversions for these four sets of numbers are:

213 anthem, entomb, indemnity, nightmare, nutmeg, ointment.

965 bushel, bachelor, pugilist.

07 sack, seek, sock, sky, ask, husk, soak, whiskey.

05 sale, sail, slow, solo, Sally, Saul, swell, zeal.

In seconds you can make up some memorable sentences by picking out one word from the list for each number, such as:

Adams' nutmegs bushel soaks a seal.

In Adams' nightmare a pugilist socks Sally.

Adams entombs the bachelor in a sack of swill.

213 965 07 05

Voila! Repeat any of the phrases a few times, and you have memorized Adams' number.

COMMENTS ON RECENT MEMORY BOOKS

RAPID MEMORY IN 7 DAYS, by Joan Minninger, Ph.D. and Eleanor Dugan, The Berkley Publishing Group, 1994.

It is not really a "how-to-do-it book." Authors touch briefly on several memory systems, but the book primarily is about memory. After reading the book, you could ask yourself what you retained and answer, "very little."

RON FRY'S HOW TO STUDY PROGRAM - IMPROVE YOUR MEMORY, by Ron Fry, Career Press, 1992. Consists mostly of memory tests and almost no instruction.

THE MEMORY SYSTEM, by Bob Burg, National Seminar Publications, 1992.

This is the best of the recent books. He covers a number of topics. His method for remembering telephone numbers is unduly complex and unworkable as a practical memory system.

THE MEMORY BOOK, by Harry Lorayne & Jerry Lucas, Ballantine Books, Trade Edition, 1996.

This is merely a reprint of their 1974 book. It is severely dated with references to such as Woody Hayes, football

coach of the 50's and the Ed Sullivan Show. A number of topics are covered but very briefly. Not in teaching form and no tests given.

These four books taken together touch on several memory systems, but all are limited in the number of systems covered and none delve deeply into teaching more than one or two memory systems.

None of the above books contain a word/number converting dictionary, which is essential for converting three-digit groups of numbers into words so that numbers longer than four digits long can be remembered.

None of these books contain the newest memory system of MAPPING FOR MEMORY.

None of these books are designed as teaching instruments, with one lesson leading to the next.

None of these books contain more than two hook alphabet cue systems, while MASTER YOUR MEMORY WITH DR. AMAZING: How Not to Forget covers all the known alphabet cue systems and adds new ones.

None of these books provide complete lessons on any of the memory systems they touch upon. Dr. Amazing's book is designed so that the reader will prove to himself at the conclusion of each chapter that his memory has been improved by using techniques taught.

Most of the topics covered by the books above are unduly complex and disorganized so that it is extremely difficult for a reader to become proficient with recall or to improve his memory.

None of these books contain information on how to organize materials for better recall.

MASTER YOUR MEMORY WITH DR. AMAZING: How Not to Forget will be the bible of memory for many years to come because it presents a sound foundation of memory principles, it is all-inclusive [Dr. Amazing has a library of just about every memory book published and in print since 1812], and it has practical lessons with tests. The book is ideal for a college course or for corporate sales groups education. Every person wanting to use memory systems in every-day life will need to keep the book for a reference since it contains the Dictionary of Word/Number Conversions in the Appendix.

Dr. Amazing's book is based on actual teaching of memory systems and stage presentations by Dr. Amazing over a period of 30 years. His methods have been proven to be interesting and effective. He gets down to the business of improving memory and stays with it. The book is easy to read and it contains a sprinkling of good humor throughout.

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Thomas Deleon:

This Master Your Memory with Dr. Amazing: How Not to Forget are generally reliable for you who want to certainly be a successful person, why. The main reason of this Master Your Memory with Dr. Amazing: How Not to Forget can be one of the great books you must have is usually giving you more than just simple reading through food but feed an individual with information that perhaps will shock your previous knowledge. This book is actually handy, you can bring it everywhere and whenever your conditions at e-book and printed types. Beside that this Master Your Memory with Dr. Amazing: How Not to Forget forcing you to have an enormous of experience like rich vocabulary, giving you trial run of critical thinking that we understand it useful in your day activity. So , let's have it and luxuriate in reading.

Latasha Hisle:

Your reading sixth sense will not betray an individual, why because this Master Your Memory with Dr. Amazing: How Not to Forget reserve written by well-known writer who really knows well how to make book that can be understand by anyone who have read the book. Written inside good manner for you, leaking every ideas and writing skill only for eliminate your own hunger then you still uncertainty Master Your Memory with Dr. Amazing: How Not to Forget as good book not just by the cover but also with the content. This is one publication that can break don't assess book by its include, so do you still needing an additional sixth sense to pick this particular!? Oh come on your reading sixth sense already told you so why you have to listening to one more sixth sense.

Mona Savoy:

In this period globalization it is important to someone to find information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, newspaper, book, and soon. You can observe that now, a lot of publisher that will print many kinds of book. The actual book that recommended to you personally is Master Your Memory with Dr. Amazing: How Not to Forget this publication consist a lot of the information from the condition of this world now. This specific book was represented so why is the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. Typically the writer made some exploration when he makes this book. That's why this book appropriate all of you.

Randall Hernandez:

What is your hobby? Have you heard in which question when you got learners? We believe that that question was given by teacher with their students. Many kinds of hobby, Every individual has different hobby. And also you know that little person including reading or as reading become their hobby. You must know that reading is very important in addition to book as to be the factor. Book is important thing to increase you knowledge, except your current teacher or lecturer. You find good news or update concerning something by

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