



Radical Simplicity: Small Footprints on a Finite Earth

Jim Merkel

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Imagine you are first in line at a potluck buffet. The spread includes not just food and water, but all the materials needed for shelter, clothing, healthcare, and education. How do you know how much to take? How much is enough to leave for your neighbors behind you—not just the six billion people, but the wildlife, and the as-yet-unborn?

In the face of looming ecological disaster, many people feel the need to change their own lifestyles as a tangible way of transforming our unsustainable culture. *Radical Simplicity* is the first book that guides the reader to a personal sustainability goal, then offers a process to monitor progress to a lifestyle that is equitable amongst all people, species, and generations. It employs three tools to help readers begin their customized journey to simplicity:

>It builds on steps from Your Money or Your Life so readers can design their own personal economics to save money, get free of debt, and align their work with their values.

It uses refined tools from Our Ecological Footprint so readers can measure how much nature is needed to supply all they consume and absorb their waste.

Combining lyrical narrative, compassionate advocacy, and absorbing science, *Radical Simplicity* is a practical, personal answer to twenty-first century challenges that will appeal as much to Cultural Creatives and students as to spiritual seekers, policy makers, and sustainability professionals.



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From reader reviews:

Belinda Kirwin:

People live in this new day of lifestyle always aim to and must have the spare time or they will get lot of stress from both daily life and work. So , when we ask do people have free time, we will say absolutely indeed. People is human not really a huge robot. Then we question again, what kind of activity do you have when the spare time coming to anyone of course your answer can unlimited right. Then do you ever try this one, reading books. It can be your alternative inside spending your spare time, the book you have read will be Radical Simplicity: Small Footprints on a Finite Earth.

Mark Johnson:

Are you kind of stressful person, only have 10 or even 15 minute in your day time to upgrading your mind skill or thinking skill even analytical thinking? Then you are having problem with the book than can satisfy your short space of time to read it because this all time you only find guide that need more time to be learn. Radical Simplicity: Small Footprints on a Finite Earth can be your answer because it can be read by an individual who have those short extra time problems.

Joseph Franson:

Many people spending their time period by playing outside together with friends, fun activity together with family or just watching TV the whole day. You can have new activity to shell out your whole day by examining a book. Ugh, do you consider reading a book can actually hard because you have to bring the book everywhere? It ok you can have the e-book, getting everywhere you want in your Cell phone. Like Radical Simplicity: Small Footprints on a Finite Earth which is getting the e-book version. So , try out this book? Let's find.

Olivia Dickert:

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