



# Thirty Rooms to Hide In: Insanity, Addiction, and Rock ‘n’ Roll in the Shadow of the Mayo Clinic

*Luke Longstreet Sullivan*

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Author Luke Longstreet Sullivan has a simple way of describing his new memoir: “It’s like *The Shining* . . . only funnier.” *Thirty Rooms to Hide In* tells the astonishing story of Sullivan’s father and his descent from one of the world’s top orthopedic surgeons at the Mayo Clinic to a man who is increasingly abusive, alcoholic, and insane, ultimately dying alone on the floor of a Georgia motel room. For his wife and six sons, the years prior to his death were characterized by turmoil, anger, and family dysfunction; but somehow they were also a time of real happiness for Sullivan and his brothers, full of dark humor and much laughter.

Through the 1950s and 1960s, the six brothers had a wildly fun and thoroughly dysfunctional childhood living in a forbidding thirty-room mansion, known as the Millstone, on the outskirts of Rochester, Minnesota. The many rooms of the immense home, as well as their mother’s loving protection, allowed the Sullivan brothers to grow up as normal, mischievous boys. Against a backdrop of the times—the Cold War, the Cuban Missile Crisis, fallout shelters, JFK’s assassination, and the Beatles—the cracks in their home life and their father’s psyche continue to widen. When their mother decides to leave the Millstone and move the family across town, the Sullivan boys are able to find solace in each other and in rock ‘n’ roll.

As *Thirty Rooms to Hide In* follows the story of the Sullivan family—at times grim, at others poignant—a wonderful, dark humor lifts the narrative. Tragic, funny, and powerfully evocative of the 1950s and 1960s, *Thirty Rooms to Hide In* is a tale of public success and private dysfunction, personal and familial resilience, and the strange power of humor to give refuge when it is needed most, even if it can’t always provide the answers.

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#### **Alice Ybarra:**

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their down time with their family, or their particular friends. Usually they carrying out activity like watching television, planning to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? May be reading a book might be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try look for book, may be the guide untitled Thirty Rooms to Hide In: Insanity, Addiction, and Rock 'n' Roll in the Shadow of the Mayo Clinic can be fine book to read. May be it may be best activity to you.

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