



# Counseling Boys and Young Men

*Suzanne Degges-White PhD LMHC-IN LPC-NC NCC*

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"*Counseling Boys and Young Men* provides a plethora of information and counseling techniques essential to the continued development of young men....The text serves as a noteworthy manual addressing the myriad of issues affecting young males in today's society."--**The Professional Counselor Journal**

This comprehensive guide to the unique challenges faced by boys and young men encompasses today's most critical issues and presents effective, evidence-based strategies for treating them. Recognizing the specific needs of diverse young males, this text covers such contemporary issues as bullying and harassment, anger management, online gaming, addiction, pornography, and gang membership. The differences between the developmental issues of males and females are addressed, along with the emotional, intellectual, and physical changes boys experience as they move into adolescence. The difficulties counselors face in their efforts to access emotional expression in boys are discussed along with strategies to overcome these barriers.

Each chapter includes a comprehensive case scenario that highlights the presenting issue, how the issue affects functioning, and how effective treatment is best implemented. Additional resources for more in-depth study are also included throughout the book.

## **Key Features:**

- Provides guidance to the unique psychological issues of boys and young men along with innovative, evidence-based treatment strategies
- Addresses such current topics as bullying/harassment, risk-taking behaviors, pornography addiction, gambling, single-parent families, and more
- Includes vivid case studies
- Explores such social issues as gang membership with a focus on helping young males revise their self-image and social networks

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**From reader reviews:**

**Sheri Furlong:**

The feeling that you get from Counseling Boys and Young Men may be the more deep you excavating the information that hide within the words the more you get thinking about reading it. It doesn't mean that this book is hard to comprehend but Counseling Boys and Young Men giving you thrill feeling of reading. The author conveys their point in selected way that can be understood by simply anyone who read that because the author of this reserve is well-known enough. This particular book also makes your own vocabulary increase well. That makes it easy to understand then can go with you, both in printed or e-book style are available. We propose you for having this specific Counseling Boys and Young Men instantly.

**Amanda Haskin:**

People live in this new moment of lifestyle always attempt to and must have the spare time or they will get wide range of stress from both daily life and work. So , when we ask do people have extra time, we will say absolutely yes. People is human not really a robot. Then we question again, what kind of activity have you got when the spare time coming to an individual of course your answer can unlimited right. Then ever try this one, reading guides. It can be your alternative inside spending your spare time, often the book you have read is Counseling Boys and Young Men.

**Karen Saldivar:**

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**Kenneth Lambert:**

In this particular era which is the greater man or who has ability in doing something more are more special than other. Do you want to become one of it? It is just simple method to have that. What you need to do is just spending your time almost no but quite enough to possess a look at some books. One of many books in the top checklist in your reading list is definitely Counseling Boys and Young Men. This book that is certainly qualified as The Hungry Mountains can get you closer in turning into precious person. By looking way up and review this guide you can get many advantages.

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