



365 Good Reasons to Be a Vegetarian

Victor Parachin

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Some of the most interesting people in the world were and are vegetarians - Socrates, Leonardo da Vinci, Paul and Linda McCartney, Hank Aaron, Billie Jean King, Thomas Edison, Albert Einstein, Dustin Hoffman, Steve Martin, and Percy Bysshe Shelley, to name just a few. Their reasons for becoming vegetarians are no less interesting, ranging from ethical considerations to health reasons to everything in between. Now, author Victor Parachin has gathered together 365 of the most inspiring, enlightening, educational, and always entertaining reasons for becoming a vegetarian. 365 Good Reasons to Be a Vegetarian provides you with the unique voices of remarkable personalities from the worlds of philosophy, literature, politics, religion, entertainment, and rock and roll. It also highlights some revealing facts and figures supported by the latest scientific and medical research. In addition, it is sprinkled with intriguing bits of information about fruits and veggies that might put a smile on your face. What you will find in this book are 365 clever vegetarian pearls of wisdom - one for each day of the year.

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