



# **I'm Spiritual Dammit!: How to Keep Your Feet on the Ground and Your Head in the Stars**

*Jennifer Weigel*

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# I'm Spiritual Dammit!: How to Keep Your Feet on the Ground and Your Head in the Stars

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**I'm Spiritual Dammit!: How to Keep Your Feet on the Ground and Your Head in the Stars** Jennifer Weigel

Is it possible to be grounded AND have a rich interior life? Is it possible to get through the day with poise when everything hits the fan? Is it possible to have a spiritual life and not be a wing-nut? For Jen Weigel, the answer to all three questions is a resounding YES.

This is an honest, amusing teaching memoir rooted in Weigel's everyday experience as a mother, television personality, and performance artist. Weigel provides 13 common-sense rules for developing a sane and satisfying interior life--ranging from "trust that you are where you are supposed to be in every moment" to "always look for signs,"--to "don't get lost in a guru." What makes this book so fun and refreshing is Weigel's voice--and the fact that, in the words of one of her friends, she is a "magnet for really bizarre shit."

Whether she is playing chicken with deranged Chicago drivers with "Jesus Saves" bumper stickers, trying to keep those extra pounds off, interviewing celebrities on television, or encountering the spirit of her dead father (who keeps appearing in the guise of a cardinal--a bird, not a prelate), Weigel maintains a zest for learning, living, and loving. Her high-spirited stories illustrate core life principles and convey an immediacy and energy that readers will find delightful.

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Exactly why? Because this I'm Spiritual Dammit!: How to Keep Your Feet on the Ground and Your Head in the Stars is an unordinary book that the inside of the e-book waiting for you to snap it but latter it will shock you with the secret that inside. Reading this book next to it was fantastic author who have write the book in such incredible way makes the content inside easier to understand, entertaining method but still convey the meaning entirely. So , it is good for you for not hesitating having this ever again or you going to regret it. This phenomenal book will give you a lot of advantages than the other book have got such as help improving your talent and your critical thinking way. So , still want to delay having that book? If I ended up you I will go to the publication store hurriedly.

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