



# Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence

*Luke Jackson*

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Have you ever been called a freak or a geek? Have you ever felt like one? Luke Jackson is 13 years old and has Asperger Syndrome. Over the years Luke has learned to laugh at such names but there are other aspects of life which are more difficult. Adolescence and the teenage years are a minefield of emotions, transitions and decisions and when a child has Asperger Syndrome, the result is often explosive.

Luke has three sisters and one brother in various stages of their adolescent and teenage years but he is acutely aware of just how different he is and how little information is available for adolescents like himself.

Drawing from his own experiences and gaining information from his teenage brother and sisters, he wrote this enlightening, honest and witty book in an attempt to address difficult topics such as bullying, friendships, when and how to tell others about AS, school problems, dating and relationships, and morality.

Luke writes briefly about his younger autistic and AD/HD brothers, providing amusing insights into the antics of his younger years and advice for parents, carers and teachers of younger AS children. However, his main reason for writing was because 'so many books are written about us, but none are written directly to adolescents with Asperger Syndrome. I thought I would write one in the hope that we could all learn together'.



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Spent a free time to be fun activity to complete! A lot of people spent their free time with their family, or their particular friends. Usually they accomplishing activity like watching television, likely to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your own free time/ holiday? Could be reading a book is usually option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of book that you should read. If you want to consider look for book, may be the guide untitled Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence can be very good book to read. May be it is usually best activity to you.

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