



A Mouthful of Stars

Kim Sunee

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??Bestselling author of *Trail of Crumbs* and former food editor, Kim Sunée, offers up her first cookbook. *A Mouthful of Stars: A Constellation of Amazing Recipes from My World Travels* is a collection of Kim's interpretation of cherished recipes and cooking discoveries from across the globe. From Tuscan crostini di fegatini and Louisiana dirty rice to the flavors of her birth country of South Korea and favorites from the ten years she spent eating and cooking in Provence and Paris, you'll find *A Mouthful of Stars* in the cookbook section, but it could also be in travel or food writing. The author's time in many lands and cooking in many kitchens has inspired this beautiful, unique, exotic, and delicious culinary journey.

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??From the foreword by Frances Mayes:

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??“*Trail of Crumbs* established Kim Sunée as an outstanding literary writer, not only about life, but about food. . . . Now, after Kim's brilliant debut memoir, she serves forth *A Mouthful of Stars*. What an astonishing book. I zoomed through the pages with an increasing feeling of joy. *A Mouthful of Stars* is original. First, she brings to her recipes zest, energy, and a raucous spirit of fun. Second, she praises, philosophizes, and celebrates . . . She knows that 'life isn't worth living without friends who know how to eat the heart out of a taco.' This sense infuses every bite. How could I help but dash to the kitchen to try Grilled Peaches Wrapped in Prosciutto, Pan-fried Peppers with Coconut and Tamarind, Roasted Cherries with Burrata, and Quick Pickled Fennel. I love her delicate balance of flavors and aromas. Is she alchemist, conjurer, poet, or cook? All of the above. Even the few classic recipes (roast turkey and pizza) include a particular Kim-twist.

??*A Mouthful of Stars* makes a cultural leap out beyond the landscape where most cooks stir their pots. Kim's allegiance is to a global kitchen. A citizen of the world, she's not tied to a particular terrain. This is the future. She's already where we're headed. And the food, *paradiso!*”

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From reader reviews:

Donald Taylor:

Reading a book tends to be new life style with this era globalization. With reading you can get a lot of information that could give you benefit in your life. With book everyone in this world can easily share their idea. Textbooks can also inspire a lot of people. Lots of author can inspire all their reader with their story as well as their experience. Not only situation that share in the publications. But also they write about the ability about something that you need example of this. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that exist now. The authors on this planet always try to improve their expertise in writing, they also doing some study before they write on their book. One of them is this A Mouthful of Stars.

John Lee:

The particular book A Mouthful of Stars has a lot of knowledge on it. So when you make sure to read this book you can get a lot of benefit. The book was authored by the very famous author. The writer makes some research before write this book. This particular book very easy to read you can obtain the point easily after reading this article book.

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