



# Dream Big: Finding the Courage to Follow Your Dreams and Laugh at Your Nightmares

*Lisa Hammond*

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When author Lisa Hammond followed her passion, she founded her own company, Femail Creations -- a woman-oriented catalog company that grew into a huge success. Lisa loved shopping, thus the mail-order catalog. Because she's passionate about women making their way in the world, Femail Creations features only items crafted by women artisans. In *Dream Big* Hammond details how she and her sister entrepreneurs followed their dreams and managed their fears to become happy and successful. Lisa shares the lessons they learned, the mistakes they made, and the fulfillment they attained. *Dream Big* reflects Lisa's inspirational personality and drive, as well as her belief in the power of women connecting with women -- from the artists whose products appear in Femail Creations to the women who buy those products. *Dream Big* is a virtual meeting place for women who want to live -- and work -- their dreams. By sharing parts of their stories and tips, the women who've done it lend a hand to those who still dream that "maybe someday..." Readers will find inspiration, as well as hard-nosed advice, about how to pursue their passion -- whether for business, creativity, family, or anything else -- in spite of fear and inevitable missteps. Chapters include: "Permission to Dream," "Facing Fears," "Attempting the Impossible," "Owning Our Power," "Trusting Our Guts," "Persistence is Omnipotent," and "Never Too Late." Dream Big shows women that the first step isn't writing a business plan -- it's listening to yourself and taking your turn; it's managing your life from the heart with a "femail" touch. Hammond, who's known to her thousands of customers, friends, and family as the Barefoot CEO, didn't do things conventionally. That makes for hilarious stories, heart-stopping inspiration, and roll-up-your sleeves tips -- a blueprint in action for their dreams.



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at Your Nightmares can to be your friend when you're truly feel alone and confuse in doing what must you're doing of these time.

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