



Stop the Fight!: An Illustrated Guide for Couples: How to Break Free from the 12 Most Common Arguments and Build a Relationship That Lasts

Michelle Brody

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The first of its kind, this cleverly illustrated relationship guide helps couples literally *see* their way out of hurtful, repetitive arguments

Relationship woes can be an inexhaustible, complex subject. But in her work with couples, clinical psychologist Michelle Brody found a pattern: The same *twelve fights* play out again and again, such as the Partner Improvement Fight, the “You Don’t Care About Me” Fight, and the Difficult Relatives Fight.

Dr. Brody soon developed simple drawings and charts to illustrate these all-too-familiar battles, from the hidden forces that drive them to strategies for finding the way *out*. Her clients immediately “got it”—once they could picture these destructive cycles, they could recognize them in action . . . and end them! *Stop the Fight!* pairs more than 300 instantly graspable illustrations with Dr. Brody’s proven, pragmatic advice. It’s a one-of-a-kind relationship manual—concise, easy to use, and results oriented.



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