



Eat London: All About Food

Terence Conran, Peter Prescott

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London brims with gastronomic possibilities, from the trendiest bars to the liveliest pubs. Whether you are planning a trip, or simply wish to bring a little taste of this culinary capital into your own home, this guide by one of Britain's best restaurateurs is sure to please. More than just a directory, it tells all about the food itself and the people who make, sell, cook, and care about it. Along with a journey from the markets of East London to haute cuisine in Mayfair, more than 60 recipes are included from the very people and places featured. Recreate a recipe for Sea Bream as it's cooked in Bloomsbury, or sample the best vegetable curry that Brick Lane has to offer.



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