



# **Understanding the Patellofemoral Joint: From Instability to Arthroplasty; An Issue of Clinics in Sports Medicine, (The Clinics: Orthopedics)**

*Alexander Meininger*

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This issue of Clinics in Sports Medicine will focus on patellofemoral disorders and how they are among the most common clinical conditions managed in the orthopaedic and sports medicine setting. The correct diagnosis at an early stage is essential if subsequent treatment is to be successful and secondary complications are to be avoided. Nonoperative intervention is usually the first form of treatment; however, there is no consensus on the most effective method of treatment.



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