



Ego Is the Enemy

Ryan Holiday

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“While the history books are filled with tales of obsessive visionary geniuses who remade the world in their image with sheer, almost irrational force, I’ve found that history is also made by individuals who fought their egos at every turn, who eschewed the spotlight, and who put their higher goals above their desire for recognition.” —from the prologue

Many of us insist the main impediment to a full, successful life is the outside world. In fact, the most common enemy lies within: our ego. Early in our careers, it impedes learning and the cultivation of talent. With success, it can blind us to our faults and sow future problems. In failure, it magnifies each blow and makes recovery more difficult. At every stage, ego holds us back.

Ego Is the Enemy draws on a vast array of stories and examples, from literature to philosophy to history. We meet fascinating figures such as George Marshall, Jackie Robinson, Katharine Graham, Bill Belichick, and Eleanor Roosevelt, who all reached the highest levels of power and success by conquering their own egos. Their strategies and tactics can be ours as well.

In an era that glorifies social media, reality TV, and other forms of shameless self-promotion, the battle against ego must be fought on many fronts. Armed with the lessons in this book, as Holiday writes, “you will be less invested in the story you tell about your own specialness, and as a result, you will be liberated to accomplish the world-changing work you’ve set out to achieve.”



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Book is to be different for each grade. Book for children until adult are different content. We all know that that book is very important normally. The book Ego Is the Enemy seemed to be making you to know about other know-how and of course you can take more information. It is quite advantages for you. The publication Ego Is the Enemy is not only giving you a lot more new information but also being your friend when you truly feel bored. You can spend your personal spend time to read your publication. Try to make relationship using the book Ego Is the Enemy. You never truly feel lose out for everything if you read some books.

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Thomas Smith:

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