



# Custody Chaos, Personal Peace: Sharing Custody with an Ex Who Drives You Crazy

*Jeffrey P. Wittman*

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This empowering guide is an inspirational roadmap for the millions of men and women navigating a rocky relationship with a former spouse-while trying to maintain a healthy atmosphere for their child. Topics include:

- \* The 7 strategies for peace when an ex refuses to change
- \* Skills for taming former in-laws
- \* Ways to help children cope with a difficult parent
- \* Strategies and alternatives for focusing anger
- \* How to avoid hot-button issues
- \* How to nudge an ex to change for the better
- \* Ways to deal with children's questions and confusion
- \* The new partner's role in the old partner's shadow

This is the book for every frustrated parent coming out of a divorce who needs support in setting things right-the healthy, sensible, and sane way.



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#### **Lela Hird:**

The book untitled Custody Chaos, Personal Peace: Sharing Custody with an Ex Who Drives You Crazy contain a lot of information on the idea. The writer explains your girlfriend idea with easy way. The language is very simple to implement all the people, so do definitely not worry, you can easy to read it. The book was authored by famous author. The author provides you in the new period of literary works. You can actually read this book because you can keep reading your smart phone, or program, so you can read the book inside anywhere and anytime. In a situation you wish to purchase the e-book, you can available their official web-site along with order it. Have a nice go through.

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