



# Compassionate Coaching: How to Heal Your Life and Make Miracles Happen

*Arielle Essex*

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## **Compassionate Coaching: How to Heal Your Life and Make Miracles Happen Arielle Essex**

This surprisingly generous book maps out an incredibly effective, easy-to-follow framework for guiding you through the process of turning your dreams into reality. It also adds valuable learning tools and provides essential back-up material for coaching clients. The carefully designed format leads you gently from creating a compelling outcome, increasing your motivation to achieve it, appreciating your gifts, becoming more aligned with your heart, and then clearing whatever holds you back. Using lots of real life stories to illustrate each topic, this book can help you manifest miracles happening in your life.



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