



Change: Realizing Your Greatest Potential

Ilchi Lee

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Change is inevitable. Both personally and globally, change drives our lives. Despite the new opportunities change can bring, many of us resist and fear it, even as we long for a healthier lifestyle or agree we need a more sustainable culture. Change: Realizing Your Greatest Potential turns this unavoidable condition of life from something fearsome to something empowering by revealing a new perspective on reality. The way we were taught to think of the world is not the way it really is. We are not a mosaic of separate beings in competition for resources. Instead, each of us is an integral part of a whole that encompasses all creation. We are an intrinsic driver behind the force of change. As such, our creative potential is limitless. That potential comes from what author Ilchi Lee discovered over the course of his inner explorations that each of us has a beautiful mind that desires to benefit all beings. This inherent nature is our true greatness and the true power to solidify the changes we envision in our personal lives and the world. Change is urgently needed; the current course of our civilization is no longer tenable. But major changes are not feasible, Lee says, unless we begin with changing ourselves. He says we can start a big change, no matter how daunting it is, with changing our personal attitudes and energy. Change tells you how.

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