



# The Power of Acceptance: Building Meaningful Relationships in a Judgemental World

*Doug Shadel, Douglas P. Shadel, Bill Thatcher*

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The Power of Acceptance addresses:

- \* Increasing your level of self-acceptance.
- \* Gaining freedom from the need of approval.
- \* The true human spirit beneath the "social mask."
- \* Strategies for connecting with people.

This book is a guide to finding the unconditional acceptance everyone desires. Through the principles outlined and the deeply honest stories shared, you can learn how to build acceptance that frees you to live up to your fullest potential and achieve a healthy sense of self.

Through The Power of Acceptance you can discover how to accept and be accepted as the person you are, and find others who share the desire for meaningful relationships.



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