



The Artichoke Cookbook

Patricia Rain

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Good Condition First Edition Softcover published by Celestial Arts, Berkeley, CA., 1985, 174 pages. Cover shows some wear along the edges and 2 staple marks on the top edge, corners are worn. Text is clean and unmarked. Spine is firm and uncreased. This book is for the novice and the experienced chef, easy-to-follow recipes make it easy to serve a well-prepared artichoke even for those who have never used an artichoke before. Recipes include: APPETIZERS / SAUCES / SALADS & COLD DISHES / SOUPS / ENTREES / DESSERTS. Book provides more than a hundred creative recipes as well as sections on the history, lore, and cultivation of this sophisticated thistle. With this book you will never again have to be afraid of the artichoke, this book takes the mystery out of it, by showing you how to select, store, prepare, boil, steam, microwave, how to use the hearts & bottoms, how to use the casings for stuffing, how to use the pulp, special artichoke pottery, nutritive value, everything that you ever wanted to know about the artichoke, it even provides information on growing your own, where to purchase root stumps, sourcebooks, address for the Artichoke Advisory Board to receive more information and the book also provides information on the Artichoke Festival in CA. that began in 1959. A must for the Artichoke lover! We ship within 24 hours of your purchase with a Delivery Confirmation.

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Patricia Henderson:

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