



# I Regret Nothing: A Memoir

*Jen Lancaster*

Download now

[Click here](#) if your download doesn't start automatically

# I Regret Nothing: A Memoir

*Jen Lancaster*

**I Regret Nothing: A Memoir** Jen Lancaster  
**THE NEW YORK TIMES BESTSELLER**

**New York Times** bestselling author Jen Lancaster has lived a life based on re-invention and self-improvement. From *Bitter Is the New Black* to *The Tao of Martha*, she's managed to document her (and her generation's) attempts to shape up, grow up, and have it all—sometimes with disastrous results...

Sure Jen has made mistakes. She spent all her money from a high-paying job on shoes, clothes, and spa treatments. She then carried a Prada bag to the unemployment office. She wrote a whole memoir about dieting...but didn't lose weight. She embarked on a quest for cultural enlightenment that only cemented her love for John Hughes movies and Kraft American Singles. She tried to embrace everything Martha Stewart, while living with a menagerie of rescue cats and dogs. (Glitter...*everywhere*.)

Mistakes are one thing; regrets are another.

After a girls' weekend in Savannah makes her realize that she is—yikes!—middle-aged (binge watching is so the new binge drinking), Jen decides to make a bucket list and seize the day, even if that means having her tattoo removed at one hundred times the cost of putting it on.

From attempting a juice cleanse to studying Italian, from learning to ride a bike to starting a new business, and from sampling pasta in Rome to training for a 5K, Jen is turning a mid-life crisis into a mid-life opportunity, sharing her sometimes bumpy—but always hilarious—attempts to better her life...again.

*From the Hardcover edition.*

 [Download I Regret Nothing: A Memoir ...pdf](#)

 [Read Online I Regret Nothing: A Memoir ...pdf](#)

**Download and Read Free Online I Regret Nothing: A Memoir Jen Lancaster**

---

## **Download and Read Free Online I Regret Nothing: A Memoir Jen Lancaster**

---

### **From reader reviews:**

#### **Marlon Hood:**

The book I Regret Nothing: A Memoir can give more knowledge and also the precise product information about everything you want. Why must we leave a very important thing like a book I Regret Nothing: A Memoir? Some of you have a different opinion about book. But one aim that book can give many info for us. It is absolutely suitable. Right now, try to closer with the book. Knowledge or information that you take for that, it is possible to give for each other; it is possible to share all of these. Book I Regret Nothing: A Memoir has simple shape but you know: it has great and massive function for you. You can appear the enormous world by open and read a book. So it is very wonderful.

#### **Gary Morrell:**

As people who live in the actual modest era should be upgrade about what going on or facts even knowledge to make these keep up with the era that is always change and make progress. Some of you maybe will update themselves by reading through books. It is a good choice for you but the problems coming to an individual is you don't know which you should start with. This I Regret Nothing: A Memoir is our recommendation to make you keep up with the world. Why, because this book serves what you want and need in this era.

#### **Shirley Arrington:**

Don't be worry if you are afraid that this book will probably filled the space in your house, you will get it in e-book method, more simple and reachable. That I Regret Nothing: A Memoir can give you a lot of good friends because by you taking a look at this one book you have issue that they don't and make an individual more like an interesting person. That book can be one of a step for you to get success. This reserve offer you information that perhaps your friend doesn't recognize, by knowing more than various other make you to be great individuals. So , why hesitate? We should have I Regret Nothing: A Memoir.

#### **Victor Loy:**

That publication can make you to feel relax. This particular book I Regret Nothing: A Memoir was colourful and of course has pictures around. As we know that book I Regret Nothing: A Memoir has many kinds or variety. Start from kids until teens. For example Naruto or Private investigator Conan you can read and believe that you are the character on there. Therefore , not at all of book are make you bored, any it makes you feel happy, fun and relax. Try to choose the best book to suit your needs and try to like reading which.

## **Download and Read Online I Regret Nothing: A Memoir Jen**

**Lancaster #H9KUETZF3XB**

# **Read I Regret Nothing: A Memoir by Jen Lancaster for online ebook**

I Regret Nothing: A Memoir by Jen Lancaster Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read I Regret Nothing: A Memoir by Jen Lancaster books to read online.

## **Online I Regret Nothing: A Memoir by Jen Lancaster ebook PDF download**

**I Regret Nothing: A Memoir by Jen Lancaster Doc**

**I Regret Nothing: A Memoir by Jen Lancaster Mobipocket**

**I Regret Nothing: A Memoir by Jen Lancaster EPub**