



The Self-Sufficient Home: Going Green and Saving Money

Christopher Nyerges

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How to cut heating and cooling costs, utilize solar energy, construct nonflush toilets and solar showers, collect rainwater, and apply permaculture techniques. Hundreds of photographs and diagrams illustrate ways to use natural resources and embrace self-reliance. Sustainable living advice from self-reliance expert Christopher Nyerges, editor of *Wilderness Way* magazine and author of *How to Survive Anywhere*.



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