



Brooklyn Zoo: The Education of a Psychotherapist

Darcy Lockman

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Brooklyn Zoo: The Education of a Psychotherapist Darcy Lockman

In her eye-opening, ruthlessly honest account, Darcy Lockman shares the stress, frustration, and exhilaration of her clinical training as a psychologist in the midst of institutional dysfunction at Brooklyn's Kings County Hospital.

After leaving her career in magazine journalism to become a psychotherapist, Darcy Lockman confronted a slew of challenges including numerous troubling cases, struggles to provide the poor and chronically ill with adequate care, and the general and sometimes humorous indignities of being a trainee in any field. This compelling memoir will by turns deeply move, shock, and enrage you. Hope is not lost though, and *Brooklyn Zoo* introduces us to the many smart people currently trying to fix the mental health-care system, enhancing our understanding of what psychologists can make possible through their work.

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