



# Using Psychology in the Classroom

*Stephen James Minton*

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## **Using Psychology in the Classroom** Stephen James Minton

Psychology can be applied to understanding a range of current issues and topics in teaching and educational practice. Starting with the question, 'what is psychology?', and a topical overview of child and adolescent development, Stephen James Minton moves on to discuss seven areas of contemporary concern in education, showing how psychological approaches can help teachers in key areas of practice.

Areas covered include:

- the self, self-esteem, and self-esteem enhancement
- intelligence, learning styles and educational attainment
- positive teaching, co-operative learning and assertive discipline
- special educational needs
- preventing and countering bullying and cyber-bullying
- dealing with prejudice
- stress and stress management

This detailed text will be vital reading for all those studying psychology and applied psychology in primary and secondary teaching degree programmes. Constant links between theory and practice also make it a

valuable read for practitioners reflecting on their approach to common classroom scenarios.

Stephen James Minton is a lecturer in Psychology of Education at Trinity College Dublin.

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